

Wish List for Meal Bags

High Priority Items

- 1.) Canned Chicken, 12.5 oz.
 - a. This is the protein that is most frequently used and the most needed.
- 2.) Canned Beef or Pork in BBQ Sauce, 10 oz.
- 3.) Canned Ham, 16 oz.
- 4.) Canned Tuna in Water, 12 oz.
- 5.) Boxed Pasta, 12oz. – 16 oz. (not long noodles like spaghetti)
- 6.) Cream of Mushroom Soup, 10.5 oz.
- 7.) Evaporated Milk, 12 oz.
- 8.) Jarred Salsa, 16 oz.
- 9.) Canned Spam, 12 oz. (any flavor that not spicy)
- 10.) Deluxe Boxed Marconi and Cheese, 14 oz. (The kind with the cheese sauce packages, not powdered)

Other Items Needed

- 1.) Gallon Bags
- 2.) Canned Mixed Vegetables, 15 oz.
- 3.) Canned Diced Tomatoes, 10.5 oz (any flavor)
 - a. These are used in several recipes
- 4.) Canned Corn, 15 oz.
- 5.) Canned Chicken Broth, 14.5 oz.
- 6.) Canned Peas, 15 oz.
- 7.) Canned Black Beans, 15 oz.
- 8.) Canned Pinto Beans, 15 oz.
- 9.) Yellow Saffron Rice, 10 oz.
- 10.) Cheddar Cheese Soup, 10 oz.
- 11.) Boxed Long Grain Rice, 4.3 oz.
- 12.) Canned Green Beans, 15 oz.
- 13.) Canned Spinach, 14 oz
- 14.) Boxed Vegetable Stock, 32 oz
- 15.) Canned Cannellini Beans, 14 oz
- 16.) Boxed Chicken Flavored Stuffing, 6 oz.
- 17.) Canned Mushrooms, 4 oz.
- 18.) Boxed Spanish Flavored Rice (or similar), 4.5 oz.
- 19.) Buttermilk Pancake Mix, 32 oz.
- 20.) Maple Syrup, 24 oz.